

1 Young Bodies



Children have bodies. Those bodies deserve age-appropriate information, starting well before puberty.

Children who know the correct names for their body parts are more likely to report abuse, and more likely to be believed when they do.

Age-appropriate learning about bodies, boundaries, and consent is foundational to lifelong sexual health. But it is routinely withheld. Adult discomfort, not children's needs, drives that decision. Withholding information does not protect children. It leaves them more vulnerable.

